

## 7<sup>th</sup> Research Conference

Wed 22 May 2024, 09:30-16:00

Doors open 09:00 if registered to attend in person at Mercure Hotel, Willerby. If you have registered to join the conference online, you will be sent a link to join the live event a few days before.

Contact us: <u>HNF-TR.ResearchTeam@nhs.net</u>

## **Programme**

## **Morning session**

09:00	Registration (for those attending in person) and opportunity to look at research stands
09:30	Welcome Michele Moran, Chief Executive, Humber Teaching NHS Foundation Trust
Chair (morning): Rt Hon Caroline Flint, Trust Chair, Humber Teaching NHS Foundation Trust	
09:35	Tribute to Dr Wendy Mitchell, Trust Research Champion (and so much more) – Cathryn Hart, Assistant Director Research & Development, Humber Teaching NHS Foundation Trust
09:45	Addictions research - Dr Soraya Mayet, Director of Medical Education - Humber Teaching NHS Foundation Trust & Honorary Reader - Hull York Medical School
10:10	Nature based Interventions for children's mental health and wellbeing - Dr Hannah Armitt, Senior Clinical Research Psychologist, Humber Teaching NHS Foundation Trust
10:35	Research didn't just give us hope, it gave us our son back and gave Evan his life back! - Lisa Davies, Head of Legal Services and Information Governance, Humber Teaching NHS Foundation Trust, and Evan Davies, Clinical Trial Participant
10:50	Break (and opportunity to look at research stands)
11:15	Helping people with mental health issues to be more physically active - Dr Rowan Diamond, Research Clinical Psychologist, Oxford Cognitive Approaches to Psychosis team
11:40	Progress is impossible without change: introducing research into our general practices - Marian Opoku-Fofie, Deputy Chief Pharmacist, Esther Sanni, Principal Clinical Pharmacist and Maggie Bean, Locality Matron, Humber Teaching NHS Foundation Trust
12:05	<b>The what, why and how of clinical academic AHP research</b> - Louise Shelley, Specialist Speech and Language Therapist and Professional Lead Adult Speech and Language Therapy, Humber Teaching NHS Foundation Trust
12.30	Lunch (and opportunity to look at research stands)



## **Afternoon session**

Chair (afternoon): Dr Kwame Opoku-Fofie, Medical Director & Executive Lead for Research, Humber Teaching NHS Foundation Trust	
13:30	CognoSpeak: Al tool could speed up dementia diagnosis - Dr Dan Blackburn, (Hon) Consultant Neurologist, University of Sheffield Dept of Neuroscience & Sheffield Teaching Hospitals NHSFT, and Caitlin Illingworth, Research Assistant, University of Sheffield
13:55	Loneliness and Domestic Abuse are "wicked" problems. You cannot just throw money at these problems and wish them to go away - Dr Austen El-Osta, Director, Self-Care Academic Research Unit (SCARU), & Aos Alaa, Department of Primary Care & Public Health, Imperial College London
14:20	Celebrating research across the year (video) - Cathryn Hart, Assistant Director Research & Development, Humber Teaching NHS Foundation Trust
14:35	Break (and opportunity to look at research stands)
15:00	Showcasing a local pilot project offering hybrid clinical/research placements to student nurses to increase research knowledge and skills in the future workforce - Dr Haley Jackson, Clinical effectiveness & Research Nurse, Humber Teaching NHS Foundation Trust, with Melanie Barnard, Lead Educator (Clinical) Workforce, Humber Teaching NHS Foundation Trust & Charlotte Harrison, 3 <sup>rd</sup> Year Student Nurse, University of Hull
15:25	Stories of living and working with risk from a child and adolescent mental health service – Dr Elizabeth Darwell, Systemic and Family Psychotherapist, Humber Teaching NHS Foundation Trust & Psychological Professions Workforce Lead, Humber and North Yorkshire Health and Care Partnership
15:50	Conference Round Up - Rt Hon Caroline Flint, Trust Chair, Humber Teaching NHS Foundation Trust
16:00	Close