

# September 2024

Mon	Tue	Wed	Thu	Fri
<b>2</b> Leave	<b>3</b> Leave	<b>4</b> Leave	<b>5</b> Leave	<b>6</b> Leave
<b>9</b> 10am: Kintsugi @ PQ Hub AE  1pm: Calligraphy @ PQ Hub AE	<b>10</b> <b>World Suicide Prevention Day</b>  10am: Photography JC @ Pickering Park Hull  1pm: Gather & Game / Lego JC & AE @ PQ Hub	<b>11</b> 10:30am: Wellbeing Through Creativity @ North Bridlington Library JC  10am: Tai Chi @ PQ Hub AE  1pm: Journalling @ PQ Hub AE  1pm: Meds in MH @ PQ Hub	<b>12</b> 10:30am: Multisport Bridlington @ CYP JC & AE  2pm: Boxing @ Vulcan JC	<b>13</b> 11am: Kickstart Football @ Active+ JC  1pm: Wellbeing Through Creativity @ Ferens JC  1:30pm: Tai Chi @ North Bridlington Library AE
<b>16</b> 10:30am: Kintsugi @ NBL AE  1:30pm: Calligraphy @ NBL AE	<b>17</b> 10am: Photography JC @ Bridlington South Beach  1pm: Gather & Game / Lego JC & AE @ PQ Hub	<b>18</b> 10am: Tai Chi @ PQ Hub AE	<b>19</b> 10:30am: Multisport Bridlington @ CYP JC & AE	<b>20</b> 10am: Journalling @ NBL AE  11am: Kickstart Football @ Active+ JC  1pm: Wellbeing Through Creativity @ Ferens JC  1:30pm: Tai Chi @ North Bridlington Library AE
<b>23</b> 10am: Kintsugi @ PQ Hub AE  11am: Wellbeing Walk @ Bridlington Spa RF  1pm: Calligraphy @ PQ Hub AE	<b>24</b> 10am: Photography JC @ East Park Hull  1pm: Gather & Game / Lego JC & AE @ PQ Hub	<b>25</b> 10:30am: Wellbeing Through Creativity @ North Bridlington Library JC  10am: Tai Chi @ PQ Hub AE  1pm: Journalling @ PQ Hub AE	<b>26</b> 10:30am: Multisport Bridlington @ CYP JC & AE  2pm: Boxing @ Vulcan JC	<b>27</b> 11am: Kickstart Football @ Active+ JC  1pm: Wellbeing Through Creativity @ Ferens JC  1:30pm: Tai Chi @ North Bridlington Library AE

# October 2024

Mon	Tue	Wed	Thu	Fri
<b>30</b> 10.30am: Kintsugi @ NBL AE  1.30pm: Calligraphy @ NBL AE	<b>1</b> 10am: Photography JC @ Bridlington North Beach  1pm: Gather & Game / Lego JC & AE @ PQ Hub	<b>2</b> 10:30am: Wellbeing Through Creativity @ North Bridlington Library JC	<b>3</b> 10:30am: Multisport Bridlington @ CYP JC & AE  2pm: Boxing @ Vulcan JC	<b>4</b> 10:30am: Journalling @ NBL AE  11am: Kickstart Football @ Active+ JC  1pm: Wellbeing Through Creativity @ Ferens JC  1:30pm: Tai Chi @ North Bridlington Library AE
<b>7</b>	<b>8</b> 10am: Photography JC @ Marina Hull  1pm: Gather & Game / Lego JC & AE @ PQ Hub	<b>9</b> 10:30am: Wellbeing Through Creativity @ North Bridlington Library JC  1pm: Meds in MH @ NBL	<b>10</b> 10:30am: Multisport Bridlington @ CYP JC  2pm: Boxing @ Vulcan JC	<b>11</b> 11am: Kickstart Football @ Active+ JC  1pm: Wellbeing Through Creativity @ Ferens JC  1:30pm: Tai Chi @ North Bridlington Library AE
<b>14</b> 10am: Kintsugi @ PQ Hub AE  1pm: Calligraphy @ PQ Hub Library AE	<b>15</b> 10am: Photography JC @ Bridlington South Beach  1pm: Gather & Game / Lego JC & AE @ PQ Hub	<b>16</b> 10:30am: Wellbeing Through Creativity @ North Bridlington Library JC  10am: Tai Chi @ PQ Hub AE	<b>17</b> 10:30am: Multisport Bridlington @ CYP JC & AE  2pm: Boxing @ Vulcan JC	<b>18</b> 10:30am: Journalling @ NBL AE  11am: Kickstart Football @ Active+ JC  1pm: Wellbeing Through Creativity @ Ferens JC  1:30pm: Tai Chi @ North Bridlington Library AE
<b>21</b> 11am: Wellbeing Walk @ Humber Dock Street RF	<b>22</b> 10am: Photography JC @ West Park Hull  1pm: Gather & Game / Lego JC @ PQ Hub	<b>23</b> 10:30am: Wellbeing Through Creativity @ North Bridlington Library JC  1pm: Focus Group MS Teams	<b>24</b> 10:30am: Multisport Bridlington @ CYP JC  2pm: Boxing @ Vulcan JC	<b>25</b> 11am: Kickstart Football @ Active+ JC  1pm: Wellbeing Through Creativity @ Ferens JC
<b>28</b> Half Term	<b>29</b> Half Term	<b>30</b> Half Term	<b>31</b> Half Term	

# November 2024

Mon	Tue	Wed	Thu	Fri
				<b>1</b> Half Term
<b>4</b> 10:30am: Kintsugi @ NBL AE  1:30pm: Calligraphy @ NB Library AE	<b>5</b> 10am: Photography JC @ Bridlington North Beach  1pm: Gather & Game / Lego JC & AE @ PQ Hub	<b>6</b> 10:30am: Wellbeing Through Creativity @ North Bridlington Library JC  10am: Tai Chi @ PQ Hub AE	<b>7</b> 10:30am: Multisport Bridlington @ CYP JC & AE  2pm: Boxing @ Vulcan JC	<b>8</b> 10:30am: Journalling @ NBL AE  11am: Kickstart Football @ Active+ JC  1pm: Wellbeing Through Creativity @ Ferens JC  1:30pm: Tai Chi @ North Bridlington Library AE
<b>11</b> 10am: Kintsugi @ PQ Hub AE  1pm: Calligraphy @ PQ Hub AE	<b>12</b> 10am: Photography JC @ Pickering Park Hull  1pm: Gather & Game / Lego JC & AE @ PQ Hub	<b>13</b> 10:30am: Wellbeing Through Creativity @ North Bridlington Library JC  10am: Tai Chi @ PQ Hub AE  1pm: Journalling @ PQ Hub AE  1-2:30pm: Meds in MH @ ERCH	<b>14</b> 10:30am: Multisport Bridlington @ CYP AE	<b>15</b> 11am: Kickstart Football @ Active+ JC  1pm: Wellbeing Through Creativity @ Ferens JC  1:30pm: Tai Chi @ North Bridlington Library AE
<b>18</b> 10:30am: Kintsugi @ NBL AE  1:30pm: Calligraphy @ NB Library AE	<b>19</b> 10am: Photography JC @ Bridlington South Beach  1pm: Gather & Game / Lego JC & AE @ PQ Hub	<b>20</b> 10:30am: Wellbeing Through Creativity @ North Bridlington Library JC  10am: Tai Chi @ PQ Hub AE	<b>21</b> 10:30am: Multisport Bridlington @ CYP JC & AE  2pm: Boxing @ Vulcan JC	<b>22</b> 10:30am: Journalling @ NBL AE  11am: Kickstart Football @ Active+ JC  1pm: Wellbeing Through Creativity @ Ferens JC  1:30pm: Tai Chi @ North Bridlington Library AE
<b>25</b> 10am: Kintsugi @ PQ Hub AE  11am: Wellbeing Walk @ Bridlington Spa RF  1pm: Calligraphy @ PQ Hub AE	<b>26</b> 10am: Photography JC @ Marina Hull  1pm: Gather & Game / Lego JC & AE @ PQ Hub	<b>27</b> 10:30am: Wellbeing Through Creativity @ North Bridlington Library JC  10am: Tai Chi @ PQ Hub AE  1pm: Journalling @ PQ Hub AE	<b>28</b> 10:30am: Multisport Bridlington @ CYP JC & AE  2pm: Boxing @ Vulcan JC	<b>29</b> 11am: Kickstart Football @ Active+ JC  1pm: Wellbeing Through Creativity @ Ferens JC  1:30pm: Tai Chi @ North Bridlington Library AE

# December 2024

Mon	Tue	Wed	Thu	Fri
<p><b>2</b></p> <p>10:30am: Kintsugi @ NBL AE</p> <p>1:30pm: Calligraphy @ NB Library AE</p>	<p><b>3</b></p> <p>10am: Photography JC @ Bridlington North Beach</p> <p>1pm: Gather &amp; Game / Lego JC &amp; AE @ PQ Hub</p>	<p><b>4</b></p> <p>10:30am: Wellbeing Through Creativity @ North Bridlington Library JC</p> <p>10am: Tai Chi @ PQ Hub AE</p>	<p><b>5</b></p> <p>10:30am: Multisport Bridlington @ CYP JC &amp; AE</p> <p>2pm: Boxing @ Vulcan JC</p>	<p><b>6</b></p> <p>10:30am: Journalling @ NBL AE</p> <p>11am: Kickstart Football @ Active+ JC</p> <p>1pm: Wellbeing Through Creativity @ Ferens JC</p> <p>1:30pm: Tai Chi @ North Bridlington Library AE</p>
<p><b>9</b></p> <p>10am: Kintsugi @ PQ Hub AE</p> <p>1pm: Calligraphy @ PQ Hub AE</p>	<p><b>10</b></p> <p>10am: Photography JC @ East Park Hull</p> <p>1pm: Gather &amp; Game / Lego JC &amp; AE @ PQ Hub</p>	<p><b>11</b></p> <p>10:30am: Wellbeing Through Creativity @ North Bridlington Library JC</p> <p>10am: Tai Chi @ PQ Hub AE</p> <p>1pm: Journalling @ PQ Hub AE</p> <p>1pm: Christmas Party</p>	<p><b>12</b></p> <p>10:30am: Multisport Bridlington @ CYP JC &amp; AE</p> <p>2pm: Boxing @ Vulcan JC</p>	<p><b>13</b></p> <p>11am: Kickstart Football @ Active+ JC</p> <p>1pm: Wellbeing Through Creativity @ Ferens JC</p> <p>1:30pm: Tai Chi @ North Bridlington Library AE</p>
<p><b>16</b></p> <p>10:30am: Kintsugi @ NBL AE</p> <p>11am: Wellbeing Walk @ East Park Hull RF</p> <p>1:30pm: Calligraphy @ NBL AE</p>	<p><b>17</b></p> <p>10am: Photography JC @ Bridlington North Beach</p> <p>1pm: Gather &amp; Game / Lego JC &amp; AE @ PQ Hub</p>	<p><b>18</b></p> <p>10:30am: Wellbeing Through Creativity @ North Bridlington Library JC</p> <p>10am: Tai Chi @ PQ Hub AE</p> <p>1pm: Focus Group MS Teams</p>	<p><b>19</b></p> <p>10:30am: Multisport Bridlington @ CYP JC &amp; AE</p> <p>2pm: Boxing @ Vulcan JC</p>	<p><b>20</b></p> <p>10:30am: Journalling @ NBL AE</p> <p>11am: Kickstart Football @ Active+ JC</p> <p>1pm: Wellbeing Through Creativity @ Ferens JC</p> <p>1:30pm: Tai Chi @ North Bridlington Library AE</p>
<p><b>23</b></p> <p>Half Term</p>	<p><b>24</b></p> <p>Half Term</p>	<p><b>25</b></p> <p>Half Term</p> <p>Christmas Day</p>	<p><b>26</b></p> <p>Half Term</p>	<p><b>27</b></p> <p>Half Term</p>
<p><b>30</b></p> <p>Half Term</p>	<p><b>31</b></p> <p>Half Term</p> <p>New Years Eve</p>			